



**1 Prepare to don PPE.**

- Remove watches, jewelry and other items that could interfere with integrity of PPE.

**2 Gather PPE in proper sizes.**

- Isolation gown
- Surgical mask or N95 Respirator\*
- 1 pair of non-sterile gloves
- Face shield or goggles

**3 Inspect PPE**

- Inspect PPE for any holes, rips, or tears.

**4 Perform hand hygiene.**

- Perform hand hygiene on bare hands using alcohol-based hand sanitizer.

**5 Don isolation gown.**

- Ensure gown fully covers torso from neck to knees, arms to end of wrists, and wraps around the back.
- Fasten gown at the back of the neck and waist.

**6a Don surgical mask.**

- If the surgical mask has ear loops: hold the masks by the ear loops, and place a loop around each ear.
- If the surgical mask has ties: bring the mask to your nose and place the ties over the crown of your head, and secure by tying them in a bow.
- If the surgical mask has elastic bands: Place mask over nose. Pull both bands up and over your head and place the lower band at the base of your head (below ears) and the upper band at the crown of your head (above ears).
- Expand mask and ensure it completely covers bottom half of face.
- Place fingertips from both hands at top of nose area and slide down each side to mold it to the shape of your face.

**6b Don N95\* respirator**

*For aerosol generating procedures, caring for critically ill, or Hot Zone*

- Open the mask fully by separating the 2 sides and bend the nose piece to a slight curve.
- Separate the 2 elastic bands.
- Place the bottom of the mask under your chin.
- Pull both bands up and over your head and place the lower band at the base of your head (below ears) and the upper band at the crown of your head (above ears).
- Place fingertips from both hands at top of metal nose piece and slide down both sides of metal nose piece to mold it to the shape of your face.
- Perform seal check** by inhaling and exhaling several times. Mask should deflate and inflate with breaths. Adjust mask if seal is not complete.

**7 Don face shield or goggles.**

- For face shield, expand the elastic band. Place over the back of head, pulling forward and over the head so that the foam strip sits just above the eyebrows.
- If wearing N95, recheck seal.**

**8 Don gloves.**

Extend to cover cuff of isolation gown.

**9 Verify and Follow up.**

Before entering room, healthcare workers must sign into Staff Log, located in the facility Special Pathogens Cart Binder.

**EXTENDED USE OF PPE:**

**N95:** To extend use of N95, must have either face shield on or surgical mask on top of N95 as barrier

**Isolation Gown:** To extend use of isolation gown, don an apron on top for patient care activities where splashes and sprays are anticipated.

**Eye Protection:** Can be used patient-to-patient if not contaminated. Clean & Disinfect as needed.

**COLOR CODE:**

**RED:** in patient room


**Yellow:** Outside room

**Green:** Clean zone outside room

# COVID-19 PPE DOFFING PHOTO GUIDE


**1** Inspect PPE. **In patient room:**

- Inspect PPE for soiling or breaches.
- If PPE visibly contaminated, use an EPA approved disinfectant wipe to swipe once over contaminated area and immediately discard into waste bin. Use fresh wipe for each visibly contaminated area.




**2** Doff isolation gown and gloves. **Gown front and sleeves and the outside of gloves are contaminated!**

- Unfasten gown ties, taking care that sleeves don't contact body when reaching for ties.
- Grasp front of gown at shoulder level and pull away from body to break ties, touching outside of gown only with gloved hands.
- Pull gown away from neck and shoulders, carefully removing arms from gown.
- While removing gown, peel off gloves at the same time, only touching the inside of gown with bare hands, and fold or roll the gown inside-out into a bundle.
- Place gown + gloves into waste bin.
- If hands get contaminated during gown/glove removal, immediately wash hands or use alcohol-based hand sanitizer.




**3** Perform hand hygiene.

Perform hand hygiene on bare hands using alcohol-based hand sanitizer or wash hands.




**4** Doff face shield (or goggles). **Avoid touching outer contaminated area of face shield!**

- Bend at waist over waste bin.
- Grab rear strap with both hands. Pull up and over head, allowing face shield to fall away from face into waste bin.
- If hands get contaminated, wash hands or use alcohol-based hand sanitizer.




**5** Perform hand hygiene.

Perform hand hygiene on bare hands using alcohol-based hand sanitizer or wash hands.




**6** Transition to outside patient room. • Move to outside patient room. • **Ensure patient's room door is closed.**




**7a** Remove surgical mask. **Avoid touching outer contaminated area of mask!**

- Bend at waist over waste bin.
- Grasp loops around ears with both hands and pull forward and away from face, allowing mask to fall into waste bin.
- If hands get contaminated, wash hands or use alcohol-based hand sanitizer.




**7b** Remove N95 respirator. **Avoid touching outer contaminated area of mask!**

- Bend at waist over waste bin.
- Grasp bottom elastic strap with both hands and bring to top of head. Once at crown of head, grasp top elastic strap and pull forward and away from face, allowing mask to fall into waste bin.
- If hands get contaminated, wash hands or use alcohol-based hand sanitizer.



**8** Perform hand hygiene.

Perform hand hygiene using alcohol-based hand sanitizer or wash hands.



**9** Follow up

Sign out of Staff Log sheet.



**COLOR CODE:**

- RED:** In patient room/ED/ Hot Zone
- Yellow:** Outside room
- Green:** Clean zone outside room

**EXTENDED USE & REUSE GUIDANCE FOR PPE**

**Eye Protection (face shield and goggles)**

**Extended use:** Protective eyewear may have **extended use without removal** or may be **removed and reused** if it is not touched with contaminated material; Does not become contaminated with blood or body fluids; Maintains its fit and function

**To reuse eye protection:** Inspect. Discard if damaged or visibly contaminated.

- Don new gloves. Use an approved disinfectant wipe to clean/disinfect the inside, followed by the outside, of the face shield or goggles.
- Allow eye protection to dry.
- Remove gloves and perform hand hygiene.
- Label the protective eyewear with the User's name on the strap of face shield or temples of goggles.
- Place in a paper bag and label with User's name and unit. If a storage container is used, it must be disinfected regularly.
- Store in a secure place until next use.

**N95 Respirator**

**Extended use:** The same N95 respirator may have **extended use without removal** if a surgical mask is worn over N95 or may be **removed and reused for up to 5 days** unless it is wet, damaged contaminated with blood or body fluids, physical integrity and fit is lost, seal cannot be achieved, or becomes difficult to breathe through.

**To reuse N95:**

- Outside room, don new pair of gloves. Place N95 on a paper towel/wipe. Label the User's name on the outer compressed edge of the N95.
- Place N95 in a paper bag. Label with User's name and unit. If a storage container is used, it must be disinfected regularly.
- Doff gloves and perform hand hygiene.
- Store in a secure place until next use.